



NEW LIFE FOR GIRLS

MINISTRY IN ACTION

LOVING, CARING, AND SHARING SINCE 1972

Nicole's Story.....

AUGUST 2011



Hi, my name is Nicole Anderson. I am 43 , and truly blessed to share my story with you. I grew up in Michigan and had a wonderful childhood. In 1988 my father was transferred to Pennsylvania and our family moved to the Lancaster area, which I consider home. I became a licensed optician, married, and had my children in this area. Things began to unravel in 2002. My husband began to behave differently. He followed me around, constantly watching me, his obsession becoming overbearing, and I became afraid. I got a PFA and filed for custody of my children. I did receive full custody, however my husband got visitation. His actions were a constant concern and I had a sense that something was terribly wrong. When my daughter was 7 years old she revealed to me that her father was sexually abusing her. The pain, resentment towards my husband, and fear I felt for my daughter was overwhelming. The criminal trial lasted for about 8 months, her father was sentenced and remains in prison today. During the court proceedings I began to fall apart. During the

day I seemed okay, but at night when everyone was asleep I drank until I passed out. I simply didn't want to feel. I continued this for about a year and eventually I couldn't make it through the day without drinking. I was bound by fear and unforgiveness. I was completely hopeless.

I entered New Life For Girls in 2008 and was finally free. I had a personal relationship with Jesus, growing daily in my walk with Him. In 2009, I left New Life For Girls prematurely. In the summer of 2009, I reconnected with a man I had loved in my early college years. We grew close again over the next year. In June of 2010, we planned to get married, and relocated to Michigan. Our lives were going well, my children became settled, and we were all extremely happy. On October 4, 2010, I woke to the news that my fiancé Tim had passed away in his sleep from undiagnosed sleep apnea. My world shattered. Three days after the funeral, I ended up in a mental hospital. I was diagnosed with post traumatic stress disorder and was completely overmedicated. Once released, the medication unleashed the alcohol dependency at an alarming rate. I didn't want to live. I was killing myself with the alcohol. On January 1, 2011 I had a brief moment of clarity and realized that the only place I could find the comfort I needed was in the loving arms of my Savior, Jesus Christ. Today I am alive and hopeful. I am so thankful that Jesus would not let me go. I choose today to focus on all of the blessings in my life, to let go of the past, and look towards my future.....*Praise The Lord, I am free to live again!*

WHY BOTHER?

In Biblical times, the Pharisees and Sadducees were famous for their “why bother” attitude when it came to dealing with the supposed outcasts of society who they considered lesser than themselves. It is unimaginable to think where any one of us would be if Jesus had the same mindset. The human condition has not changed much in 2000 years. Our communities are filled with those who are bound, and crippled....whether due to drugs, alcohol, mental, emotional, and physical abuse, sickness or disease. It has always been the mission of New Life For Girls to extend the hand and heart of Jesus to those in need. “Why bother” has not ever been a part of our vocabulary. Every now and then God sends us a special reminder as to why this is the case. We recently received a contribution and a letter from one of our alumni who stated.....I was in your program in 1987. I followed God, and went to school after New Life For Girls. I earned a Doctorate in Clinical Psychology, and am an Associate Professor and the Director of an M.A. Program at a school of Psychology and Counseling that trains ministers in counseling skills. I will never forget what God did for me through New Life For Girls.

This testimony is a powerful reminder that will shoot down the “why bother” question every time. Changing the world one life at a time is not a cliché or catch phrase for us...it is the truth and reality of Jesus Christ, the King of Kings, and Lord of Lords at work in the lives of those didn’t even think of themselves as “worth it”. As staff, we are blessed to be a part of this transformation process, rejoicing in the successes of the women who come through our doors. You also, are a valuable and crucial part of this process. We thank you for your support and ask that you continue to seek the Lord on our behalf.



CHOIR MEETINGS

- 8/7 West Shore Evangelical Free Church
Mechanicsburg, Pa 9am & 10:45am
- 8/14 Good News Free Methodist Church
Mechanicsburg, Pa 9:45am
- 8/20 Bridging The Gap - Mayor Bracey
York, Pa 12-5pm
- 8/27 Macy's Galleria Mall
York, Pa. 11am-12pm
- 8/27 Sweet Corn Festival
Peddlers Market
Dover, Pa 10am-2pm
- 8/28 Bring Your Own Joy
Ella Bowman
New Life For Girls Chapel 6-8pm

If you would like to schedule our choir please contact Junie at 717-266-5614.

SPECIAL THANKS
TO
REV. & MRS. SCOTT DALLAS
FOR HOSTING OUR CHOIR
DURING OUR RECENT TEN DAY CHOIR
TOUR
IN
ROCHESTER NEW YORK.
YOU OPENED YOUR HOME
AND YOUR HEARTS FOR WHICH WE
ARE TRULY GRATEFUL

BUILDING PROJECT



**TOTAL NEEDED FOR THE
ENTIRE PROJECT
\$871,490.00**

**PHASE I \$476,021.00
PHASE II \$182,952.00
PHASE III \$212,517.00**

**GOAL
\$871,490.00**

**JULY CONTRIBUTIONS
FOR THE BUILDING
PROJECT
\$ 2,770.00**

\$366,144.91

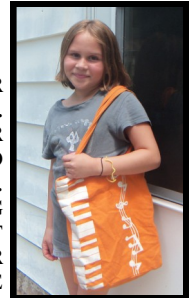
WE WANT TO SAY THANKS TO ONE OF OUR DONORS WHO RESPONDED TO THE NEED IN LAST MONTH’S NEWSLETTER FOR KITCHEN SUPPLIES. THIS IS OF COURSE AN ONGOING AREA OF NEED. THROUGH ANOTHER SOURCE, WE WERE ABLE TO OBTAIN A LARGE SUPPLY OF LAUNDRY DETERGENT. IN ADDITION, WE ALSO RECEIVED A PHONE CALL FROM A DONOR WHO SHARED THEY FELT IN THEIR HEART TO GIVE A PRECISE CONTRIBUTION DESIGNATED TOWARDS THE PURCHASE OF TOILET PAPER. WE WERE ABLE TO PURCHASE 612 ROLLS!



CONTRIBUTIONS OF THIS MANNER TRULY HELP TO RELIEVE OUR COMMON DAILY OPERATING COSTS . AT TIMES WHEN WE ARE ASKED, WHAT ARE YOUR NEEDS, WE OFTEN REPLY, JUST MULTIPLY 100X WHAT IT MAY TAKE TO RUN YOUR OWN HOME. IT SOUNDS SHOCKING, BUT THAT IS OUR REALITY. WE ARE SO GRATEFUL FOR GOD’S BLESSINGS....YES, IT’S TRUE... EVEN TOILET PAPER IS A BLESSING!!

**BACK TO
SCHOOL!**

PLEASE READ OUR INSERT THIS MONTH. IT IS TIME FOR OUR ANNUAL BACK TO SCHOOL PROJECT. WE ARE BELIEVING THAT THE NEEDS OF EACH ONE OF OUR CHILDREN WILL BE PROVIDED FOR. IF YOU HAVE ANY QUESTIONS, PLEASE CALL LAURIE AT 717-266-5614.



SPECIAL GIFTS

**IN MEMORY OF
CARMELA PACHECO
GIVEN BY
DOROTHY RADINO**

**IN MEMORY OF
CARMELA PACHECO
GIVEN BY
RICHIE & ALYSSA CALBI**

THANK YOU TO “PRINTED IMAGE”
FOR YOUR GIFT OF REDUCED PRINTING COST

**IN HONOR OF
CAROL STOUGH**